



## **Croissants** using IREKS FROST and BACKEXTRAKT



Wheat flour type 550 IREKS FROST BACKEXTRAKT Whole egg Butter Sugar Salt	10.000 kg 0.300 kg 0.200 kg 0.400 kg 0.300 kg 1.000 kg 0.200 kg		
		Yeast	0.500 kg
		Water, approx.	4.200 I
		Total weight	17.100 kg

Mixing time: 4 + 6 minutes, spiral mixer

Dough temperature: 16 – 18° C

Bulk fermentation time: approx. 60 minutes in the refrigerator

Scaling weight: 0.070 kg
Intermediate proof: none

Instructions for use: After the bulk fermentation time, fold in 0.300 kg roll-in shortening per

each kg dough giving two double turns. Allow the ready-folded dough to relax in the refrigerator for 15 - 20 minutes and roll out to a thickness of 3.0 - 3.5 mm. Subsequently, cut triangles of  $12 \times 24$  cm, roll up and allow to prove. After the final proof, wash/spray with egg

and bake without steam.

Final proof: 60 - 90 minutes

Baking temperature: 180° C, without steam
Baking time: approx. 15 minutes