



Twister with Tomato Green Spelt Filling using VEGRAIN GREEN SPELT SNACK, IREKS RUSTICO and MALT-EKSTRAKT



Tomato green spelt filling:

Tinned tomatoes, chopped 0.600 kg Water 0.600 l

VEGRAIN GREEN SPELT SNACK 0.600 kg
Total weight 1.800 kg

Instructions for use: Bring the tomatoes and water to the boil and stir in VEGRAIN GREEN

SPELT SNACK.

Dough:

Wheat flour type 550	10.000 kg
IREKS RUSTICO	0.400 kg
MALT-EKSTRAKT	0.200 kg
Vegan margarine	0.400 kg
Salt	0.150 kg
Yeast	0.600 kg
Flake ice	1.600 kg
Water, approx.	3.150 l
Total weight	16.500 kg

Mixing time: 3 + 2 minutes, spiral mixer

Dough temperature: 23° C





Bulk fermentation time: 30 minutes Scaling weight: as desired

Intermediate proof: none

Baking temperature:

Instructions for use: Fold in 0.250 – 0.300 kg roll-in shortening per each kg dough giving

three single turns. Allow the dough to rest for 10 minutes between the single turns and subsequently, roll out to a thickness of 3 mm and a width of approx. 20 cm. Spread the tomato green spelt filling on one half and fold together with the other half of the dough. Sprinkle on the surface dried Mediterranean herbs, cut into 2 cm wide stripes and twist against one another. Place on trays and after final proof, bake, giving

steam.

230° C, giving steam

Final proof: approx. 30 minutes

Baking time: 12 – 15 minutes